

Whiney - Rhino™

Grabba - Jabba™

Messy - Bessy™

Grouchy-Rouchy™



Don't let
The Bad Manners Monsters™
in your home!

Beware of The Bad Manners Monsters!

Our Family Celebrates National Manners Month ...all year long!

Our Family Pledge Three Secrets of Good Manners To Help Keep Our Family Strong & Happy!
1. Respectful Attitude **2. Respectful Words** **3. Respectful Actions**

1. Respectful Attitude

Our family shows respect for each other.

Whether a parent, child, or grandparent—we all need to work and live together in our community. It has been said that “manners are the oil that lubricates society”—everything just works smoother when we have good manners! Families are the foundation of our society. Strong families make strong communities.

Let's commit to choosing respectful attitudes, words and actions that build up our family and our community—not tear them down. Together, we can make a difference!

- » As Mom and Dad, we respect each other and as parents we respect our children.
- » As Children, because we know our parents love us and want the best for us, we will honor and respect them with our attitudes, words & actions.
- » We will *choose* to have a good attitude—an “ATTITUDE OF GRATITUDE.” Our family is thankful for each other and for all that we have. By having a thankful heart for what we do have, it will help us to stop whining and complaining about what we don't have.
- » Our thankful attitude will help us show our appreciation and respect for others.

THE GOLDEN RULE:

“Do Unto Others As You Would Have Them Do Unto You.”

Our family does our best to live together at home and in our community using “The Golden Rule” as a guideline for our words and actions. Our actions—our good manners—will be a natural outflow of our respectful attitude and words!

Let's treat others the way we want to be treated!

2. Respectful Words

Our respectful attitude will help us use respectful words.

- » We Use “The Five Fabulous Phrases” that can change the world!

“Please,”

“Thank you!”

“You're welcome,”

“Excuse Me” and

“I'm Sorry, Will You Forgive Me?”

- » We use kind words—not hurting, rude or disrespectful words. We want to build people up—not tear them down.
- » We won't talk back or be whiners and complainers like the “Whiney Rhinos!”™
- » We always tell the truth—the whole truth and nothing but the truth!
- » We remember to use “The Secret Code to the Interrupt Rule”™ when we need our parent's attention.
- » We remember to use our *Indoor Voice* when we are inside!
- » When we talk to each other, we show respect by looking into their eyes and being a good listener. When we meet new people we remember “The Five Steps of Awesome Introductions”™:

1. Look directly into their eyes.
2. Smile & be friendly.
3. Shake hands firmly—not like a dead fish!
4. Say “Hi! Nice to meet you!”
5. Introduce yourself and have good conversation.

3. Respectful Actions

The Golden Rule in action helps us to show other people that we think they are special!

1. We obey our parents “Right Away Without Delay” & with a good attitude—wearing our “Happy Eyes” not our “Bad Attitude Eyes” like the “Grouchy Rouchy”™!
2. We are kind and show respect to our brothers and sisters.
3. We honor our Grandparents, elders, and others in our community who serve us and protect us. We open the door for our elders letting them go first, and by offering our seat to them in a crowded room.
4. We respect other people's property—we don't steal, cheat or “borrow” without permission. We will help to keep our rooms tidy and our home clean—not like the “Messy Bessy”™!
5. We show respect to each other at mealtime. Good table manners help us have more meaningful conversations and build stronger relationships. No “Slobbo Roo's”™ allowed! We remember to express thankfulness for our meal and offer to help clean up.
6. We show respect by being polite on the telephone.
7. We show hospitality to guests who come to our home and we show kindness and compassion to those who are less fortunate.
8. We are thankful for our family and proud of our FAMILY NAME, and we want to live in a way that honors our family name.

Congratulations on celebrating “Manners Month!” It's so much fun to see how happy everyone is when you treat them with R-E-S-P-E-C-T, have an “attitude of gratitude” and live by “The Golden Rule!”

Remember, don't let The Bad Manners Monsters™ into your home!

Love  Judi The Manners Lady



1. Print this out on your home printer
2. Stick it up on the fridge or fold like an accordion and stick it in your back pocket

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